

MO	DI	MI	DO	FR	SO
			7.10 - 8.10 Spinning		
9.30 - 10.25 WSG	9.00 - 10.00 Gerätezirkel	9.30 - 10.25 WSG intensiv	9.30 - 10.25 WSG	9.30 - 10.25 WSG intensiv	
				10.30 - 11.30 Spinning	10.30 - 12.00 MIXED WORKOUT
		14.15 - 15.00 Wassergymnastik		12.00 - 12.45 WSG	
17.30 - 18.25 Pilates	17.30 - 18.25 AROHA	17.30 - 18.25 Power Lift	17.30 - 18.25 WSG intensiv	17.30 - 18.25 Power Spinning	
18.30 - 19.25 Step	18.30 - 19.25 WSG	18.30 - 19.25 Spinning	18.30 - 19.25 Zumba	18.30 - 19.30 Functional Circle	
19.30 - 20.00 Bauch-Int.-WO			19.30 - 20.25 Yoga		
20.00 - 21.00 Spinning					